RIVAROXABAN

DALLA REAL LIFE INTERNAZIONALE A QUELLA ITALIANA: ESPERIENZE DAL CAMPO

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EINSTEIN DVT¹ and XALIA²: Rivaroxaban Outcomes



[#]ITT analysis; *Safety population (patients taking ≥1 dose of study drug); [§]mean [†]ASH, USA, December 2015, A894



1. The EINSTEIN Investigators, *N Engl J Med* 2010;363:2499–2510; 2. Ageno W *et al, Lancet Haematol* 2016;3(1):e12–e21

Long-term anticoagulation with rivaroxaban for preventing recurrent VTE: a benefit–risk analysis of EINSTEIN EXTENSION

Wells PS et al, Chest 2016; [Epub ahead of print]

Long-term anticoagulation with rivaroxaban for preventing recurrent VTE: a benefit–risk analysis of EINSTEIN EXTENSION



Time since randomization

Compared with placebo, rivaroxaban prevented 3.0 times as many recurrent PE and 7.6 times as many recurrent DVT (all symptomatic) than major bleeding caused. Of the induced major bleedings, none were fatal or in a critical organ.

Wells PS et al, Chest.2016.05.023. Epub ahead of print

Recurrence in Patients with First Unprovoked VTE who Continued vs. Discontinued Therapy

Objective: to assess the risk of VTE recurrence and major bleeding in a real-world setting of VTE patients with extended rivaroxaban treatment



Kaplan-Meier rates of VTE recurrences after 6 months of rivaroxaban therapy

*at day 0 patients had been treated with rivaroxaban for 6 months (pretreatment period)

Major Bleeding Rates in Patients with First Unprovoked VTE who Continued vs. Discontinued Therapy

- No statistically significant differences (all p-values >0.05) were observed in the cumulative event rates for major bleeding between the continued and the discontinued cohort at:
 - 3 months (0.39% vs. 0.44%)
 - 6 months (0.63% vs. 1.05%)
 - 12 months (1.51% vs. 1.39%)

Shorter Hospital Stays and Lower Costs for Rivaroxaban for Venous Thrombosis Admissions

Objective: to compare hospital length of stay (LOS) and hospitalization costs among patients admitted with a primary VTE diagnosis who were initiated on oral anticoagulation therapy with rivaroxaban versus warfarin during their hospital stay.



Conclusion: this study provides evidence for clinicians to consider the potential for decreasing hospital stays and costs and simplifying treatment regimens using the rivaroxaban to treat VTE when appropriate for their patients.

Is rivaroxaban associated with shorter hospital stays and reduced costs in pulmonary embolism?

Objective:

- to determine whether rivaroxaban was associated with a reduced hospital LOS compared to parenteral bridging to warfarin in patients with PE treated outside of a clinical trial setting.
- to assess total hospital costs and readmission for recurrent VTE or major bleeding.

Outcomes in the overall PE-matched rivaroxaban and parental bridging to warfarin cohorts.



Rivaroxaban significantly reduced hospital LOS and costs compared to parenteral bridging to warfarin, without increasing the short-term risk of adverse events. This real-world result confirms those observed as part of the randomized pivotal EINSTEIN clinical trial program

Coleman CI et al, Clin Appl Thromb Hemost 2016;[Epub ahead of print]

PE treated with rivaroxaban: outcomes associated with observation status versus inpatient management

Objective: to compare outcomes associated with observation vs. inpatient stays among matched PE patients treated with rivaroxaban.

Outcomes: compare

- lenght of stay (LOS)
- total costs for hospital-acquired conditions (HAC)

Outcomes of pulmonary embolism patients managed as observation or inpatient stays and treated with rivaroxaban.



Observation-managed PE patients treated with rivaroxaban experienced an ~1-day decreased LOS, less HACs (predominantly HAP) and ~\$1400 lower hospital treatment costs compared to propensity-score matched inpatient-managed PE patients treated with rivaroxaban.

Trends in LOS in acute PE over the years. What is changing in the era of DOACs?

Objective: to focus on trends in length of hospital stay (LOS) over the years and on the burden of DOACs on this endpoint in patients suffering from acute PE.

| | 2010 | 2012 | 2014 | 2015 | p * |
|----------------------------|----------|----------|----------|----------|------------|
| Number | 264 | 258 | 224 | 168 | |
| Females | 57,5% | 55,4% | 58,7% | 55,9% | ns |
| Mean age ± (years) | 76± 13 | 77± 11 | 75± 13 | 77± 12 | ns |
| All-cause mortality | 15,5% | 13,9% | 7,7% | 10% | 0.038 |
| Mean LOS ± SD (days) | 11± 6 | 11± 10 | 10± 7 | 9± 6 | ns |
| Median LOS (IQR) (days) | 9 (6-13) | 9 (6-13) | 8 (5-12) | 8 (5,13) | ns |
| LOS distribution | | | | | |
| ≤ 2 days | 3,8% | 2,8% | 3,7% | 2,7% | ns |
| ≥3 or ≤ 6 days | 22,8% | 23,5% | 27,4% | 27,2% | ns |
| \geq 7 or \leq 10 days | 32,8% | 34,4% | 32,5% | 30% | ns |
| ≥11 days | 40,6% | 39,3% | 36,4% | 40,1% | ns |

Over the years, patients discharged for pulmonary embolism reduced in number. Mean age and sex distribution were unchanged. All-cause mortality was significantly decreased (P=0.038). Mean and median LOS were not significantly decreased over the years.

Masotti L. et al. J Cardiovasc Med 2016; [Epub ahead of print]

Anticoagulant treatment prescription according to the 2014 ESC prognostic model



In 2014 and 2015, patients with diagnosis of acute pulmonary embolism were discharged with anticoagulant treatment according ESC Guidelines. **DOACs prescribed** in 40% high risk, in 68,1% intermediate-high, in 40,4% intermediate-low and 83,3% at low risk

Trends in LOS in acute PE over the years. What is changing in the era of DOACs?

| | DOACs | No DOACs | Total | р |
|--------------------------|------------|-----------------------------|-------------|--------|
| Number | 100 | 228 | 328 | - |
| Males/Females | 41%/59% | 44,7%/55,3% | 43,6%/56,4% | ns |
| Mean age ± SD (years) | 77 ± 13 | 75 ± 13 | 76 ± 13 | ns |
| Median age (IQR) (years) | 80 (72-85) | 77 (69-84) | 78 (69-85) | ns |
| Mean LOS ± SD (days) | 9± 5 | 11± 6 | 10 ± 6 | <0.005 |
| | | VKAs 11± 6 | | |
| | | LMWH/fondaparinux 11± 6 | | |
| Median LOS (IQR) (days) | 7 (5-10) | 10 (6-14) | 9 (6-13) | <0.001 |
| | | VKAs 9 (7-14) | | |
| | | LMWH/fondaparinux 10 (5-14) | | |

Conclusion: DOACs are a real pharmacological option in acute pulmonary embolism, even in patients at high/intermediate-high risk.

Since the marketing of DOACs, LOS seems significantly lower in patients treated by using DOACs compared with patients treated by using the other anticoagulant molecules.

In patients prescribed DOACs, hospital costs could be dramatically saved.

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• 239 patients treated with Rivaroxaban from march 12, 2014 to November 7, 2016 for VTE; from march 2014 only 2% of patients still treated with VKAs

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- 88/239 patients 151 naive patier
- Rivaroxaban 20
- Median follow up
- EOT 55 patients mts)
- Death: 5 patient failure)
- Great satisfactic
- 94% of patients meased minibulatery at home Source: personal data on file



Angiology Padova

| Subjects | 239 |
|------------------------------|----------------|
| age | 57,7± 28,9 |
| fomolo cov | 51 5 0/ |
| | 51.5% |
| DVT only | 90% |
| DVT and/or PE | 10% |
| CrCl > 80 ml/min | 45% |
| 50-80 ml/min 30-50 ml/min | 35% 14% |
| 15-30 ml/min | 6% |
| Previous TEV | 30% |
| | 400/ |
| Known thrombofilia | 12% |
| Cancer | 8% |

Source: personal data on file

Angiology Padova Cancer Patients

Type of Cancer

- Breast cancer: 3 pts
- Genitourinary cancer: 6 pts (2 prostate, 2 urinary
- bladder, 2 kidney)
- Colorectal cancer: 1 pt
- Gastric cancer: 0
- Lung cancer: 2 pts
- Haematologic: 6 pts

Angiology Padova Efficacy

| SUBJECTS | |
|----------|--|
|----------|--|

239

TOLERABILITY (ADVERSE EFFECTS) 1.6%

(gastric pain, reduction of libido, 2 episodes of

AST/ALT >2/increase: 20 mg ----- 15 mg)

SCA/ICTUS

0%

EFFICACY (VTE Recurrence) (2 patients) 0.8%

Source: personal data on file

Angiology Padova Safety

| ALL BLEEDINGS | 13.8% |
|---|----------------|
| MINOR | 28/239 (11,7%) |
| MAJOR | 5/239 (2,1%) |
| Fatal | 0 |
| Life-threatening | 0 |
| Gastrointestinal | 0 |
| Non-fatal | 5 |
| haemoglobin drop > 2 g/dL hematuria | 2 3 |
| Need to decrease dosage according to CICr | 1.8% |
| Need to decrease dosage for bleeding management | 2.0% |
| Need to Switch anticoagulant therapy | 0% |

Angiology Padova Cancer patients

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N^{\circ} patients = 18
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Age 68.5 years (±15.3)
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- SWITCH 80% (refused to continue or intolerance to LMWH treatment)
- NAIVE 20%

Angiology Padova Cancer patients

| SUBJECTS | 18 |
|------------------------------------|------|
| TOLLERABILITY (ADVERSE EFFECTS) | 0,8% |
| EFFICACY (VTE RECURRENCES) | 0% |
| SCA/ICTUS | 0% |
| MINOR BLEEDING | 1.2% |
| MAJOR | 0 |