

# Linee guida per la gestione delle emergenze emorragiche nel paziente critico

#### **REVIEW ARTICLE**

#### CRITICAL CARE MEDICINE

## Bleeding and Coagulopathies in Critical Care

Beverley J. Hunt, M.D.

Rossaint et al. Critical Care (2016) 20:100 DOI 10.1186/s13054-016-1265-x

Critical Care

**Open Access** 

#### RESEARCH

### The European guideline on management of major bleeding and coagulopathy following trauma: fourth edition

Rolf Rossaint<sup>1</sup>, Bertil Bouillon<sup>2</sup>, Vladimir Cerny<sup>3,4,5,6</sup>, Timothy J. Coats<sup>7</sup>, Jacques Duranteau<sup>8</sup>, Enrique Fernández-Mondéjar<sup>9</sup>, Daniela Filipescu<sup>10</sup>, Beverley J. Hunt<sup>11</sup>, Radko Komadina<sup>12</sup>, Giuseppe Nardi<sup>13</sup>, Edmund A. M. Neugebauer<sup>14</sup>, Yves Ozier<sup>15</sup>, Louis Riddez<sup>16</sup>, Arthur Schultz<sup>17</sup>, Jean-Louis Vincent<sup>18</sup> and Donat R. Spahn<sup>19</sup>



### **HHS Public Access**

Author manuscript Curr Opin Anaesthesiol. Author manuscript; available in PMC 2016 April 01.

Published in final edited form as: Curr Opin Anaesthesiol. 2015 April ; 28(2): 227–236. doi:10.1097/ACO.000000000000163.

#### The Coagulopathy of Acute Sepsis

#### Jeff Simmons, MD and

Assistant Professor of Anesthesiology, Anesthesia Services Division, Trauma Section, UAB Department of Anesthesiology, 804 Jefferson Tower, 619 South 19th Street, Birmingham AL 35249, P: (205) 996-702

#### Jean-Francois Pittet, M.D.

David H. Chestnut Professor of Anesthesiology, Vice-Chair and Director, Critical Care Division, Department of Anesthesiology, Professor of Surgery and Cell Biology, Investigator, Center for Lung Injury and Repair, University of Alabama at Birmingham, Phone: 205-996-4755

Jeff Simmons: jwsimmons@uabmc.edu; Jean-Francois Pittet; pittetj@uab.edu



#### **GUIDELINES**

#### Management of severe perioperative bleeding

#### Guidelines from the European Society of Anaesthesiology

Sibylle A. Kozek-Langenecker, Arash Afshari, Pierre Albaladejo, Cesar Aldecoa Alvarez Santullano, Edoardo De Robertis, Daniela C. Filipescu, Dietmar Fries, Klaus Görlinger, Thorsten Haas, Georgina Imberger, Matthias Jacob, Marcus Lancé, Juan Llau, Sue Mallett, Jens Meier, Niels Rahe-Meyer, Charles Marc Samama, Andrew Smith, Cristina Solomon, Philippe Van der Linden, Anne Juul Wikkelsø, Patrick Wouters and Piet Wyffels



Standards clinici per il Patient Blood Management e per il management della coagulazione e dell'emostasi nel perioperatorio Position paper della Società Italiana di Anestesia, Analgesia, Rianimazione e Terapia Intensiva (SIAARTI)

Cinnella G\*, Pavesi M°, De Gasperi A^, Ranucci M§, Mirabella L\*



#### GESTIONE MULTIDISCIPLINARE DELL'EMORRAGIA POST-PARTUM

ALGORITMO

#### **REVIEW ARTICLE**

#### CRITICAL CARE MEDICINE

### Bleeding and Coagulopathies in Critical Care

Beverley J. Hunt, M.D



#### Figure 1. Causes of Bleeding among Patients in the ICU.

After the presence of inherited disorders and the use of antithrombotic drugs have been ruled out, the first major question ("Is the bleeding general or local?"), combined with a platelet count and coagulation screening, will assist in the identification of the pathogenesis of bleeding.

# **Major Bleeding**

Fibrinogen is a critical molecule in coagulation It forms fibrin It is the ligand for platelet aggregation In patients with major bleeding, it is required to a larger extent than any other hemostatic protein This requirement reflects increased consumption, loss, dilution, and fibrinogenolysis

# The trigger level for supplementing fibrinogen should be 1.5 to 2.0 g per liter

It is unknown whether early fibrinogen supplementation and the use of prothrombin complex concentrate, as compared with the use of fresh-frozen plasma, improves clinical outcomes in patients with major bleeding

# **Liver Disease**



No need to treat prolonged coagulation times in the absence of bleeding

If bleeding does occur in liver disease, it is recommend blood component management as determined by the results of testing of the platelet count, prothrombin time, activated partialthromboplastin time, thrombin time, and fibrinogen

# **Renal Disease**



#### Figure 3. Hemostasis in Hepatic Failure and Renal Disease.

Liver failure (Panel A) leads to complex hemostatic changes, since the liver is the producer of coagulation factors, physiologic anticoagulants, and thrombopoietin, as well as the site of the metabolism of sialic acid residues from fibrinogen, activated coagulation factors, and tissue plasminogen activator. These defects result in poor coagulation reserve, dysfibrinogenemia, and increased fibrinolytic potential. In renal failure (Panel B), decreased production of erythropoietin produces anemia, which results in a loss of axial flow so that the bleeding time is prolonged. The accumulation of uremic toxins results in platelet dysfunction. APTT denotes activated partial-thromboplastin time, PT prothrombin time, TAFI thrombin-activatable fibrinolysis inhibitor, and t-PA tissue plasminogen activator.

# Uremic bleeding typically presents with ecchymoses, purpura, epistaxis, and bleeding from puncture sites due to impaired platelet function

The platelet dysfunction is a result of complex changes that include dysfunctional von Willebrand factor, decreased production of thromboxane, increased levels of cyclic AMP and c vclic GMP, uremic toxins, anemia, and altered platelet granules, all of which are necessary for adequate formation of platelet plug. The anemia that а commonly accompanies renal disease leads to the loss of laminar flow in arterioles so that red cells no longer push platelets and plasma to the endothelium, leading to prolongation of the bleeding time; treatment of the anemia partially corrects this problem. There is also some evidence of **impaired fibrinolysis** in patients with renal disease.

# **Fibrinolytic Bleeding**

Bleeding continues despite hemostatic replacement therapy

Platelet levels are relatively conserved

Fibrinogen levels are disproportionately low

D-dimer levels are disproportionately high for disseminated intravascular coagulation

Thromboelastography, which may help differentiate fibrinolytic activation from coagulation factor deficiency, is a crude tool, since it detects only the most marked changes

The use of tranexamic acid, either by infusion or orally (depending on the severity of the problem and the state of the patient), is beneficial in controlling bleeding.



# **Von Willebrand's Disease**

Acquired von Willebrand's disease, can be caused by several potential mechanisms due to autoantibodies, myeloproliferative and lymphoproliferative proliferative disorders the breakdown of highmolecular-weight von Willebrand factor multimers owing to high intravascular or extracorporeal circuit shear stresses

Acquired von Willebrand's disease is treated with the use of either desmopressin, which stimulates the release of residual stores of von Willebrand factor by endothelial cells, or von Willebrand factor concentrates, with the latter considered to be the more effective therapy The use of antifibrinolytic agents may be considered to alleviate mucocutaneous bleeding

# Bleeding Associated with Antithrombotic Therapy

Table 4. Common Antithrombotic Agents, Mechanisms of Action, and Reversibility.							
Agent	Mechanism of Action	Site of Clearance	Half-Life	Procedure for Immediate Reversal			
Aspirin	Irreversible cyclooxygenase inhibitor		20 min but effect will persist for 5 days	Platelet transfusion; consider use of desmopressin			
Clopidogrel, prasugrel, ticagrelor	P2Y <sub>12</sub> antagonists	Hepatic	6 to 15 hr	Platelet transfusion			
Unfractionated heparin	Indirect anti-Xa and anti-IIa effect; increases the action of antithrombin by factor of 10,000	Cellular and (at higher doses) renal	45–90 min	Protamine (at a dose of 1 mg) neutralizes 80–100 U unfractionated heparin			
Low-molecular-weight heparin	Same as for unfractionated heparin but mainly anti- Xa effect	Renal	Approximately 4 hr, with vari- ability among products	Protamine reverses 60% of effect; consider the use of recombinant activated factor VII if there is continued life-threatening bleeding and the time frame suggests there is residual effect			
Danaparoid	A heparinoid with ratio of anti-Xa to anti-IIa of >20	Renal	24 hr	No specific antidote; plasmapheresis may be considered for critical bleeding			
Fondaparinux	Synthetic pentasaccharide with indirect anti-Xa effect	Renal	17–20 hr	No specific antidote; use of recombinant activated factor VII should be considered for critical bleeding			
Bivalirudin	Direct antithrombin effect	Proteolysis by thrombin (80%) with 20% renal excretion	25 min; 1 hr in renal failure	No specific antidote; hemodialysis, hemofiltration, or plasmapheresis may be considered for critical bleeding			
Argatroban	Direct thrombin inhibitor	Hepatic	45 min	No specific antidote			
Vitamin K antagonists (e.g., warfarin, phen- procoumon, acenocou- marol, phenindione)	Reduction in functional levels of vitamin K-dependent clotting factors (II, VII, IX, and X)	Hepatic	Varies according to drug, with phenprocoumon the longest and aceno- coumarol the shortest	Intravenous vitamin K (1 to 5 mg) and prothrombin com- plex concentrate (25 to 50 U/kg); use of fresh frozen plasma only if prothrombin complex concentrate is not available			
Dabigatran	A direct thrombin inhibitor	80% renal	13 hr (range, 11–22 hr); with creatinine clearance <30 ml/min, 22–35 hr	No specific antidote; use of oral activated charcoal if administered within 2 hr after receipt of drug; con- sider hemofiltration, hemodialysis; if life-threatening bleeding, consider prothrombin complex concentrate, activated prothrombin complex concentrate, and recombinant activated factor VII			
Rivaroxaban, apixaban, edoxaban	Direct anti-Xa inhibition	Hepatic and renal	Rivaroxaban, 7–9 hr; apixaban, 9–14 hr	No specific antidote; if life-threatening bleeding, same as for dabigatran			





Fig. 1. Early post-traumatic plase. Tissue trauma and shuck with systemic hypoperfusion appear to be the primary factors responsible for the development of acate traumatic coapalquarity in the immediate post-injury phase. As a resist of overt activation of protein (a plankey, a location traumatic coapalquarity is sharedness by companyed), the activation of the coapilation factors via and VTB11 in coajancies with hyperfibringies (de-response) for fibringlysis). In addition to its anticapaliant effects, activated protein (a plankey) advises the cell stratic receptory. Development of the transfer stration of the coapilation (advection of the coapilation (advection of the coapilation factors via primeric protection) advises the cell stratic receptory. Drotes activation (the coapilation of the coapil effects including anti-inflummatry properties, and-apoptoic activity and protection of endothedal barier function, all being required for actue univula during short. The complement actuated is indicative limit distarts after trauma via the lexitin pathway (numous binding lexit), AMBL, amplified via the alternative pathway and seems to be implicated in the activation of the protein (C pathway every) after severe trauma.

Fase precoce Acute traumatic coagulopathy



Fig. 2. Late post-traumatic phase. In the later phase after trauma, there is the development of a pro-coagulant activity associated with low plasma levels of activated protein C (aPC), an inhibition of the fibrinolysis caused by elevated plasma levels of plasminogen activator inhibitor 1 (PAI-1) and a downregulation of complement activation due to low plasma levels of mannose-binding lectins (MBL) and significant impairment of GB deposition via the lectin and alternative pathways. These coagulation and complement abnormalities increase the susceptibility to hypercoagulability with late thrombosis, infection and end-organ injury. At the later time points the dashed lines represent inhibited or depleted pathways.

> Fase tardiva Traumatic coagulopathy

> > Best Practice & Research Clinical Anaesthesiology 24 (2010) 15-25



### journal homepage: www.elsevier.com/locate/bean

2

New insights into acute coagulopathy in trauma patients

Michael T. Ganter, MD, DEAA a,\*, Jean-François Pittet, MD b

<sup>a</sup> Privatdozent of Anesthesiology, Institute of Anesthesiology, University Hospital Zurich, Raemistrasse 100, CH-8091 Zurich,

Structure of Anesthesiology and Surgery, Department of Anesthesia and Surgery and the Cardiovascular Research Center, University of California San Francisco, San Francisco General Hospital, San Francisco, CA, USA

## Critical Care

### REVIEW

**Open Access** 

(CrossMark

# Shock induced endotheliopathy (SHINE) in acute critical illness - a unifying pathophysiologic mechanism

Pärlngemar Johansson  $^{1,23\ast}$ , Jakob Stensballe $^{14}$  and SisseRye Ostrowski  $^1$ 



## Acute Traumatic Coagulopathy: From Endogenous Acute Coagulopathy to Systemic Acquired Coagulopathy and Back



# PATHOPHYSIOLOGICAL HYPOTHESIS

# 1. DIC with fibrinolytic phenotype

# 2. Neurormonal response

# 3. Anticoagulation and hyperfibrinolysis





# HYPERFIBRINOLYSIS

AND

FIBRINOLYTIC ACTIVITY



Hyperfibrinolysis After Major Trauma: Differential Diagnosis of Lysis Patterns and Prognostic Value of Thrombelastometry

Schöchl H: J Trauma 2009;67:125

- Fulminante < 30min
  - ER: 11
  - ICU: 2
  - Sopravvissuti:0

# Intermedia 30 – 60 min

5

1

4

- ER:
- ICU:
- Sopravvissuti:

# • Tardiva

- ER:
- ICU: 7
- Sopravvissuti:

#### fulminant HF

8800

immediate breakdown of the clot within 30 min

### intermediate HF

 breakdown of the clot between 30 – 60 min

### Iate HF

 complete clot lysis after more than 60 min



8' 1 ROTEC Amalysis	INTEG
	St.: 28h10 Run: 142.0
	CFT: 1536s MCF: 28nn
	alp: 19°



# FIBRINOGENO E COAGULOPATIA

# **DA TRAUMA**

Estimation of plasma fibrinogen levels based on hemoglobin, base excess and SS upon emergency room admission





**Open Access** 







Mantenendo normali livelli di fibrinogeno (>150-200 mg/dl) PPC o Plasma in pz che hanno evidenza di sanguinamento e/o presentano alterazioni alle valutazioni viscoelastiche

**2C** 

Raccomandazione 33-34-35 2016

# Trauma Bleeding Management: The Concept of Goal-Directed Primary Care

Herbert Schöchl, MD,\*† and Christoph J. Schlimp, MD†

Anesth Analg 2014;119:1064-73

#### Goal-Directed, POC-Guided Hemostatic Therapy Algorithm for treating bleeding in patients with trauma-induced coagulopathy Temperature femperature >34°C BGA **Optimize** preconditions Electrolytes Calcium >1 mmol/L Haematocrit Haematocrit >24% Severe trauma (ISS >16) Treat (Hyper)fibrinolysis TXA 15-20 mg/kg BW and / or severe shock Run ROTEM (EXTEM, INTEM, FIBTEM, APTEM)\* Timing of Intervention Increase FIBTEM CA10 to 10-12 mm 1. focus on: Fibrinogen concentrate FIBTEM CA10 <7 mm FIBTEM 0 - 3mm: →6g fibrin deficit FIBTEM 4 - 6mm → 3 - 4g Reassess after treatment Treat coagulation factor deficiency PCC: 2. focus on: CT: 81s-100s: 500 - 600 U thrombin generation EXTEM CT >80 sec **Ratio-Driven Volume Resuscitation** CT: 101s-120s: 1000 - 1200 U deficit CT:>120s: 1500 - 1800 U <sup>5</sup> **Reassess after treatment** and/or FFP: 15-30 mL/kg BW 3. focus on: EXTEM CA10 <40 mm (while FIBTEM CA10 >12 mm Increase EXTEM CA10 platelet deficit Platelet concentrate and platelet count <50,000/µl) **Reassess after treatment** High Ratio of FFP:RBC TXA 15-20 mg/kg BW<sup>±</sup> **Treat immediately** Severe clot Fibrinogen concentrate 6-8 g EXTEM CA10 <30 mm PCC 20-30 U/kg BW deficiency or FFP high doses Increase platelet count > 50.000/µL Reassess after treatment **ROTEM may also identify:** potential heparin Treat heparin effect **HEPTEM CT < INTEM CT** exposure Protamine 1000-2000 U

(e.g. cell-saver blood)

non-related to

hyperfibrinolysis

both EXTEM ML >15%

and APTEM ML >15%

Consider

Factor XIII 1250 U

# PATHOGENESIS OF MULTISYSTEM ORGAN DYSFUNCTION

# Role

- DIC
- High mobility group box 1 HMGB-1 (Macrophages, endothelial cells, and monocytes are all capable of releasing HMGB-1 proteins)
- Neutrophil extracellular traps (NETS) are highly toxic to organs, induce inflammation, and promote thrombosis

# THROMBOSIS AS A PROTECTIVE MECHANISM IN SEPSIS



# DISSEMINATED INTRAVASCULAR COAGULATION

## Highlights

 Disseminated intravascular coagulation (DIC) is a syndrome characterized by systemic intravascular activation of coagulation, leading to widespread deposit

religion of the religion of th treatment of the underlying disorder.

 Strategies aimed at the inhibition of coagulation activation or restoration of anticoagulant pathways have been found beneficial in experimental and initial clinical studies but their effect on clinically relevant outcomes is less clear.



FIGURE 1: The "sepsis-triangles": pathomechanism and treatment. SIRS: systemic inflammatory response syndrome, I-R: ischemiareperfusion, DO<sub>2</sub>: oxygen delivery, VO<sub>2</sub>: oxygen consumption, PAMP: pathogen-associated molecular patterns, DAMP: damage-associated molecular patterns, EC: extra corporeal, and IPPV: intermittent positive pressure ventilation.

# «Early»-goal directed therapy

## **Blood Product Administration**

**RBC transfusion** occur only when hemoglobin concentration decreases to

< 7.0 g/ dL in adults in the absence of extenuating circumstances, such as myocardial ischemia, severe hypoxemia, or acute hemorrhage

(strong recommendation, high quality of evidence).

## **Blood Product Administration**

#### **Prophylactic platelet transfusion**

when counts are <10,000/mm<sup>3</sup> in the absence of apparent bleeding and when counts are <20,000/mm<sup>3</sup> if the patient has a significant risk of bleeding. Higher platelet counts (≥50,000/mm<sup>3</sup>) are advised for active bleeding, surgery, or invasive procedures

(weak recommendation, very low quality of evidence).

## GUIDELINES are against the use of fresh frozen plasma to correct clotting abnormalities in the absence of bleeding or planned invasive procedures

(weak recommendation, very low quality of evidence).

## **Blood Product Administration**

# GUIDELINES are Against the use of erythropoietin for treatment of anemia associated with sepsis. Why??\*\*

(strong recommendation, moderate quality of evidence).

\*\*Erythropoietin administration may be associated with an increased incidence of thrombotic events in the critically ill.



Inflammation and disturbances in coagulation are inseparably tied, with each acting as positive feedback for activation of the other

Coagulation abnormalities are nearly universal in septic patients and likely play a key role in multisystem organ dysfunction

Coagulopathy in sepsis is likely driven by derangements of multiple pathways versus a single mediator, which explains why many singe therapies have failed to improve outcomes

Therapies directed toward the Coagulopathy of Acute Sepsis should ideally restore the balance of inflammation and coagulation without negatively influencing the host's response to infection

Therapeutic strategies are time sensitive and should target patients at high risk for developing DIC





Explore this journal >

INTENSIVE CARE & PHYSIOLOGY

Viscoelastic and aggregometric point-of-care testing in patients with septic shock – cross-links between inflammation and haemostasis

T. BRENNER ⊠, K. SCHMIDT, M. DELANG, A. MEHRABI, T. BRUCKNER, C. LICHTENSTERN, E. MARTIN, M. A. WEIGAND, S. HOFER



TEG

ROTEM Delta





Viscoelastic and aggregometric point-of-care testing was shown to be potentially useful for bedside diagnosis of sepsis was able to determine the phase of septic coagulopathy (hypercoagulability vs. hypocoagulability) was able to identify patients at high risk for overt disseminated intravascular coagulation

Whole Blood Viscoelastic Testing

Theoretically, viscoelastic measurements of whole blood should provide clinicians with insight into in-vivo coagulation ORIGINAL

Nicolai Haase Sisse Rye Ostrowski Jørn Wetterslev Theis Lange Morten Hylander Møller Hamid Tousi Morten Steensen Frank Pott Peter Søe-Jensen Jonas Nielsen Peter Buhl Hjørtrup Pär Ingemar Johansson Anders Perner

Thromboelastography in patients with severe sepsis: a prospective cohort study

Patients with sepsis presented with varying viscoelastic results including hypo-, normo- and hypercoagulability, which may be due to varying severity of disease and timing of sampling

Only functional fibrinogen MA increased during the observation period, while the median value of the other TEG variables remained relatively constant

Hypocoagulable viscoelastic profiles have previously been associated with increased severity of disease more progressive coagulation disturbances such as disseminated intravascular coagulation and increased risk of death

# **Other studies**

Hypocoagulable 22% Normal 48% Hypercoagulable 30%

Patients that were hypocoagulable more often progressed to MODS and death

### Terapia trasfusionale guidata da ROTEM/TEG [Brizzi, 2014] \*



Valori suggeriti sulla base dei protocolli operativi in uso dagli estensori del documento, in mancanza di parametri validati e standardizzati in letteratura



C:\teg\Patients.teg

# Hypercoagulable

MAp = 34,9 ANGp = 10,6 FLEV = 896,0 mg/dl



#### Risultati analisi TEG®

Generati: 25/01/2016 19:11:47

C:\teg\Patients.teg

## Hypocoagulable

Tra	cciati dall'a	alto verso i	il basso:								
Seq	Canale		Paziente	ST	De	scrizione cam	pione			Operatore	Analizza
1	2	Caru	so, Massimilia 10686640	no FF	sosp	etta trombosi (	centrale	27/01/2016	10:12	Temporary Operator	01
2	1	Caru	so, Massimilia 10686640	no – CK	sosp	etta trombosi (	centrale	27/01/2016	10:10	Temporary Operator	01
Seq	Channel	R min	K min	Angle deg	MA mm	PMA	G Kd/sc	EPL %	A mm	CI	LY30 %
1	2	2,2	1,0	73,4	49,1		4,8	0,0	53,7		0,0
2	1	3,8	0,8	80,8	84,0	0,0	26,2	0,0	84,8	5,9	0,0
Mean		3,0	0,9	77,1	66,6	0,0	15,5	0,0	69,2	5,9	0,0
n		2	2	2	2	1	2	2	2	1	2
SD		1,1	0,1	5,2	24,7	0,0	15,1	0,0	22,0	0,0	0,0
Min		2,2	0,8	73,4	49,1	0,0	4,8	0,0	53,7	5,9	0,0
Мах		3,8	1,0	80,8	84,0	0,0	26,2	0,0	84,8	5,9	0,0



#### Tracciati dall'alto verso il basso:

Seq	Canale		Paziente	ST	r c	escrizione camp	oione			Operatore	Analizza
1	2	chimen	ti, sergio 309	924831 FF	:	basale		25/01/2016	04:44	Temporary Operator	01
2	1	chimen	ti, sergio – 309	924831 CK	C	basale		25/01/2016	04:43	Temporary Operator	01
Seq	Channel	R	к	Angle	MA	PMA	G	EPL	A	СІ	LY30
		min	min	deg	mm		Kd/sc	%	mm		%
1	2	4,6	N/A	15,3	9,1		0,5	0,0	14,6		0,0
2	1	11,2	9,2	25,6	32,2	1,0	2,4	0,0	34,6	-12,7	0,0
Mean		7,9	9,2	20,5	20,7	1,0	1,4	0,0	24,6	-12,7	0,0
n		2	1	2	2	1	2	2	2	1	2
SD		4,7	0,0	7,3	16,3	0,0	1,3	0,0	14,1	0,0	0,0
Min		4,6	9,2	15,3	9,1	1,0	0,5	0,0	14,6	-12,7	0,0
Мах		11,2	9,2	25,6	32,2	1,0	2,4	0,0	34,6	-12,7	0,0

# Damage control resuscitation for patients with major trauma



# Thromboelastography



The TEG System provides visual representation of your patient's hemostasis







## 34% of trauma-related admissions



RESEARCH ARTICLE

Thromboelastometry profile in critically ill patients: A single-center, retrospective, observational study

Tomaz Crochemor<sup>1e</sup>\*, Thiago Domingos Corrêa<sup>1e</sup>, Marcus D. Lance<sup>2</sup>, Cristina Solomon<sup>3,4</sup>, Ary Serpa Neto<sup>1</sup>, João Carlos de Campos Guera<sup>5</sup>, Priscila Scolmeister Lellis<sup>5</sup>, Livia Muller Bernz<sup>1</sup>, Natalia Nunes<sup>1</sup>, Cassio Massashi Mancio<sup>1</sup>, Ana Paula Hitomi Yokoyama<sup>6</sup>, Eliézer Silva<sup>1</sup>

able 3. Conventional coagulation tests according to rotational thromboelastometry pro	gulation tests according to rotational thromboelastometry profil	le.
---	--	-----

Characteristcs	Normal	Hypocoagulability	Hypercoagulability	P value*
INTEM	193/352 (54.8)	126/352 (35.8)	33/352 (9.4)	
Platelets <150 x10 <sup>3</sup> /mm <sup>3</sup>	100/193 (51.8)	120/126 (95.2)	2/33 (6.1)	< 0.001
INR >1.5	46/193 (23.8)	92/126 (73.0)	6/33 (18.2)	< 0.001
aPTT >32 s	135/193 (69.9)	110/126 (87.3)	28/33 (84.8)	0.001
Fibrinogen <150 mg/dl	4/193 (2.1)	60/126 (47.6)	0/33 (0.0)	< 0.001
EXTEM	179/331 (54.1)	133/331 (40.2)	19/331 (5.7)	
Platelets <150 x103/mm3	100/179 (55.9)	128/133 (96.2)	3/19 (15.8)	< 0.001
INR >1.5	49/179 (27.4)	100/133 (75.2)	6/19 (31.6)	< 0.001
aPTT >32 s	114/179 (63.7)	120/133 (90.2)	15/19 (78.9)	< 0.001
Fibrinogen <150 g/dl	7/179 (3.9)	65/133 (48.9)	0/19 (0.0)	< 0.001
FIBTEM	278/522 (53.3)	136/522 (26.1)	108/522 (20.7)	
Platelets <150 x103/mm3	155/278 (55.8)	123/136 (90.4)	53/108 (49.1)	< 0.001
INR >1.5	80/278 (28.8)	104/136 (76.5)	30/108 (27.8)	< 0.001
aPTT >32 s	184/278 (66.2)	117/136 (86.0)	90/108 (83.3)	< 0.001
Fibrinogen <150 mg/dl	8/278 (2.9)	83/136 (61.0)	1/108 (0.9)	< 0.001

Values represent No./total No. (%). INR: international normalized ratio and aPTT: activated partial thromboplastin time. \* p values were calculated with the use of Chi-square test or fisher exact test.

## 50% ca dei pz profilo CCT e ROTEM normale 25% ca profilo Ipocoagulabilità 25% ca profilo Ipercoagulabilità

## I pz con ROTEM normale 25% ca avevano PLT<150.000) e aPTT >32 s 25% ca presentavano INR >1.5

Il profilo ipocoagulabile presentava più alterazioni del CCT in corrispondenza del profilo di ipocoagulabilità con Trombocitopenia, prolungamento dell'aPTT ed aumento dell'INR.

### Il 50% dei pz con profilo di ipocoagulabilità presentavano IPOFIBRINOGENEMIA (fibrinogeno <150 mg/dL).

Il profilo di ipercoagulabilità frequentemente esibiva un aPTT allungato ed un aumento dell'INR.

# Il 50% ca dei pz ipercoagulabili presentava una conta piastrinica<1500000.

Most of the critically ill patients admitted to ICU exhibited a normal coagulation profile according to ROTEM, although CCT suggested presence of coagulopathy. Transfusion therapy based on CCT led to a large number of patients receiving allogeneic blood transfusion, possibly unnecessarily. The use of ROTEM to identify the underlying coagulopathy and as a transfusion guide in this population of critically ill patients has the potential to avoid inappropriate allogeneic blood product transfusions

#### GESTIONE MULTIDISCIPLINARE DELL'EMORRAGIA POST-PARTUM

Algoritmo

#### A) Perdite ematiche tra 500 e 1.000 mL, senza segni di squilibrio emodinamico

#### CHIEDERE AIUTO

Chiedere la collaborazione di altre figure professionali quali ginecologo, seconda ostetrica esperta. Allertare l'anestesista, il Centro Trasfusionale, la sala operatoria, la chirurgia vascolare, la radiologia interventistica (ove disponibile). Coinvolgere il personale con maggiore esperienza

#### GARANTIRE ACCESSI VENOSI E CATETERE VESCICALE

Posizionare catetere vescicale e garantire 2 accessi venosi tramite ago cannula di 16G o 14G

#### VALUTARE PERDITE EMATICHE ED EQUILIBRIO EMODINAMICO

Valutare l'entità del sanguinamento e i parametri vitali della paziente ogni 10-30 minuti (pressione arteriosa, frequenza respiratoria, frequenza cardiaca, ECG, pulsossimetria, temperatura, diuresi attraverso catetere vescicale). Registrare i valori dei parametri vitali su schede grafiche

#### PRELIEVI EMATICI

Effettuare i prelievi per gruppo e controlli ripetuti di emocromo, PT, PTT, fibrinogeno (Clauss), AT

#### RICHIESTA SANGUE

Richiesta di 4 unità di GRC e plasma a disposizione

#### TEST POC

Ove disponibili

#### TERAPIA FARMACOLOGICA

Aumentare la dose di ossitocina da profilassi a terapia (20 UI in 500 mL fisiologica in 2 ore); se dopo 20 minuti nessun effetto, passare a uterotonico di II linea Somministrare acido tranexamico (30 mg/kg PCC)

EVITARE IPOTERMIA, ACIDOSI (lattati > 2 mmol/L) E DESATURAZIONE

#### STABILIRE ORIGINE DEL SANGUINAMENTO E INTERVENTI CORRETTIVI

Applicare la regola delle 4 T (TONO, TESSUTO, TRAUMA, TROMBINA)

#### GESTIONE MULTIDISCIPLINARE DELL'EMORRAGIA POST-PARTUM

Algoritmo









🔆 Valori suggeriti, da applicare in base a situazione clinica e disponibilità emocomponenti

## **SYNAPSES**

Come neuroni siamo tutti interconnessi e parte di una rete culturale sinaptica. Alcuni di noi sono passivi e periferici, altri sono stelle sociali attive, ma tutti svolgiamo un ruolo nella costruzione e trasformiamo l'ambiente sociale in cui viviamo.



B